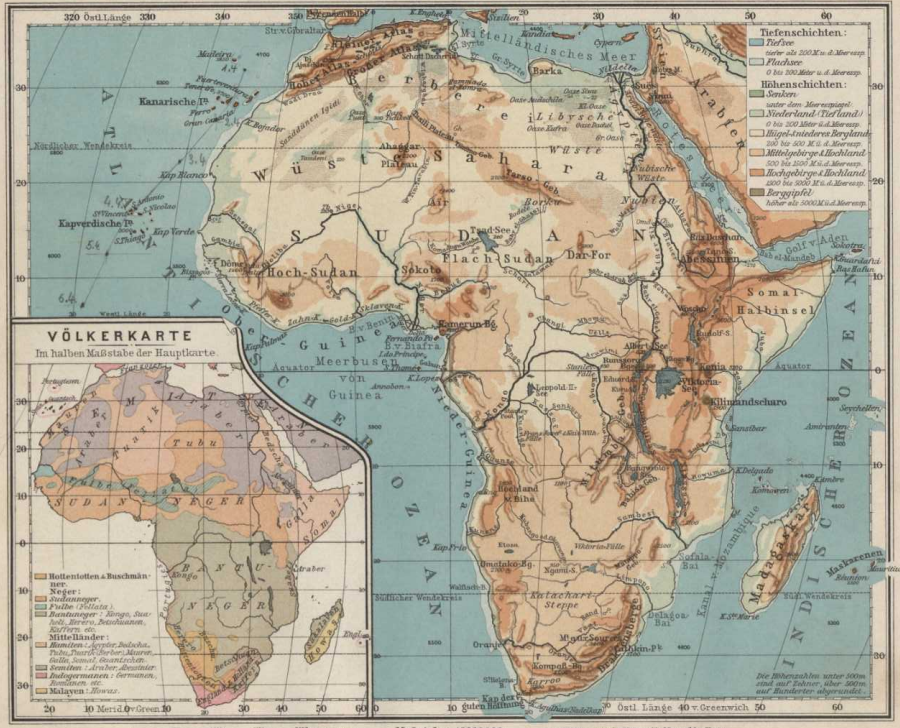AFRIKA, FLUSZ- & GEBIRGSKARTE